



Updated: 2023-10-20

Adult Service (Substance Use)

Urgent Substance Use Treatment (USUT) Program

Screening Criteria

a) If client has 1 of the following substance use & mental health criteria:

OPIOIDS

- Problematic use of fentanyl within the past 3 months
- Problematic use of opioids + any of:
 - frequently uses alone
 - overdose in past 3 months with no change in OD risk (ex has not started OAT ex. Methadone/Suboxone/Slow Release Oral Morphine (SROM brand name Kadian))

ALCOHOL & BENZODIAZEPINES

- Has experienced at least one of the four identified withdrawal symptoms when trying to discontinue: tremors, seizures, hallucinations
- Has experienced or caused severe injury in the past 3 months as a result of use

SUICIDE RISK + ANY SUBSTANCE PROBLEMATIC USE

- Suicide risk is HIGH (attempt in last 3 months or severe current ideation)

OR

b) If client has active problematic substance use PLUS any of the following criteria:

- Homeless, at imminent risk of homelessness, or in hotels/emergency shelters
- Current involvement/risk of CAS
- Suicidal risk is MODERATE (history of attempts over 3 months or chronic ideation)
- Pregnancy
- Works in construction industry



Updated: 2023-10-20

Youth & Young Adult Service

Urgent Substance Use Treatment (USUT) Program

Screening Criteria

a) If client has 1+ of the following substance use & mental health criteria:

- Use of intravenous drugs within the past year
- Use of opiates 3-6x/week or in a binge pattern
- Daily alcohol consumption (at risk of severe withdrawal)
- Overdose in the past month
- Suicide attempt in the past 3 months

OR

b) If client has met 4+ of the criteria below:

- Part of the LGBTTQ2S+ community
- Legal issues/criminal involvement
- Pregnant/expecting/dependents
- Current involvement with CAS
- Traumatic brain injury (TBI)
- Suicidal ideation/self-harm in the past month
- Hospitalization in the past 3 months
- Indigenous
- Newcomer to Canada
- Psychosis (recent or active)
- Has experienced at least one of the four identified withdrawal symptoms (tremors, seizures, hallucinations, severe illness)
- Homeless/at risk of being homeless
- Diagnoses with mental health issue and currently unsupported
- Polysubstance use



Updated: 2023-10-20

Family & Parent Service

Urgent Substance Use Treatment (USUT) Program

Screening Protocol

The client should be screened in to Family & Parent USUT if:

- The FAMILY & PARENT client meets one or more of the F&P criteria
- Their LOVED ONE meets the criteria for Adult or YYA USUT (see Adult Service or YYA Service Criteria)
- Their LOVED ONE experiences Problematic Gambling

Screening Criteria

a) Family & Parent Prospective Client (client)

The client should be screened for the following risk indicators:

ONE of the following:

- Suicidal ideation / self-harm in the last 3 months
- High parental/spouse conflict - pervasive & extreme hostile environment
- Risk of domestic violence
- Pregnancy
- Involvement with CAS
- 3 or more contacts with police made by Family/Parent in the last 3 months

OR

TWO or more of the following:

- BIPOC (Black and indigenous people of colour) identifying
- LGBTQ2S+ identifying
- Mental Health Diagnosis and no counselling support (i.e. psychologist/therapist or medical support)
- Newcomer to Canada identifying (i.e. new to Canada resulting in barrier to services)

b) Loved One Who Uses Substances (loved one)

The protocol to determine if the loved one qualifies for USUT will be through applying the USUT criteria used in the Adult Service.